



Contact

Marilyn Lasseigne Press & Marketing

360-713-6800 marilyn@oregonicecream.com

Help Build Strong Bones by eating Julie's Organic Low-fat Frozen Yogurt with NutraFlora®

Prebiotic Fiber can Help Build and Maintain Healthy Bones through Improved Calcium Absorption

Julie's Organic Low-fat Frozen Yogurt is another indulgent treat developed with your health in mind. Julie's frozen yogurt is rich in prebiotic fiber called NutraFlora®, and also boast six active probiotic yogurt cultures, which can enhance digestion and improve the immune system. Julie's Yogurt also has six active probiotic yogurt cultures: L. acidophilus, S. thermophilus, L. bulgaricus, L. casei, L. rhamnosus, and B. bifidum. All the goodness of nature's bounty and Julie's touch blended into a simple, healthy frozen dessert made even better for your body.

Julie's Organic Frozen Yogurt with NutraFlora® is a natural way to help you increase the absorption of calcium and helps to maintain strong bones. About 3 grams of NutraFlora® per day may significantly improve absorption to help reduce the risk of osteoporosis. NutraFlora® also optimizes digestive function in a gentle and effective way.

NutraFlora® supports from the inside, so normal function follows naturally. Julie's Yogurt with NutraFlora® helps to maintain a strong immune system by building healthy lower intestinal tract and enhances the absorption of nutrients and helps to maintain proper digestion by increases bulk, prevents constipation, alleviates occasional diarrhea and promotes regularity.. By propelling the growth of probiotic bacteria in the gut, NutraFlora® also helps to reduce the number of bad bacteria and fights off "bad bacteria" such as E-coli, clostridium, and salmonella.

NutraFlora® prebiotic fiber is a short-chain fructooligosaccharides derived from beet or cane sugar using non-GMO ingredients and a traditional natural fermentation method. It is a soft, white powder that is completely soluble in water and about 30 percent as sweet as sugar. You can find this naturally-occurring prebiotic in a variety of fruits, vegetables and grains. However, it is only found in trace amounts. For example, to get the same benefits offered in one serving of NutraFlora® -enriched Julie's yogurt, you would have to eat about 22 banana's, 15 onions, 16 tomatoes, or 383 cloves of garlic.

So come on enjoy a deliciously good for you and your family treat in Julie's seven yummy flavors: Blackberry, Blueberry, Lemon, Vanilla Bean, Chocolate and Cinnamon Apple.